

# BMI (Body Mass Index)

Height

6'6"

6'5"

6'4"

6'3"

6'2"

6'1"

6'0"

5'11"

5'10"

5'9"

5'8"

5'7"

5'6"

5'5"

5'4"

5'3"

5'2"

5'1"

5'0"

4'11"

4'10"

18.5

25

30

Normal

Over-Weight

Obese

75

100

125

150

175

200

225

250

275

Weight in pounds

